

The Linwood Holton Elementary 12th Annual

5K Run & Walk and One Mile Holton Hustle Saturday, March 3, 2012

The 5K is open to all ages. This 3.2-mile course starts at Holton Elementary and winds through the beautiful neighborhoods of Ginter Park and Bellevue. All are welcome to run and cheer on their friends! The Holton Hustle is a one-mile run open to grades Pre-K through 8th. Questions? Contact the race coordinator Michael Haas (Michael_s_haas@yahoo.com) at 261-0383.

Great Training Race for the Monument Avenue 10K

\$250 Cash Prizes for First Place Male & Female Winners

\$100 Cash Prize for First Place Male & Female Richmond Public School Teachers

Please make checks payable to *Holton PTA*
Mail payment and registration forms to:
Linwood Holton Elementary School
Attn: Holton PTA 5k
1600 W. Laburnum Avenue
Richmond, VA 23227

Online registration available at:
www.raceit.com Use Keyword: Holton

Holton 5k Run/Walk: \$ 17 Individual Pre-Registration
\$ 20 Race Day Registration
\$ 45 Family Registration

Holton Hustle: \$5 grades Pre-K through 8
(not included in 5k Family Registration)
Free to 4th and 5th grade Holton Students

Only 5k runners registered by March 2 are guaranteed a t-shirt.

7:45 am Check-In & Registration – 9:00 am 5k Begins (Clock stops at 10:00) – 10:00 am Holton Hustle Begins

5k Walk/Run Registration Form

Please fill out this form and mail with your payment before March 1. Please print clearly.

1. Last Name _____ First Name _____
Gender(circle one) Male Female Age on Race Day _____ T-Shirt Size(circle one) Adult XL Adult L Adult M Youth L Youth M

2. Last Name _____ First Name _____
Gender(circle one) Male Female Age on Race Day _____ T-Shirt Size(circle one) Adult XL Adult L Adult M Youth L Youth M

3. Last Name _____ First Name _____
Gender(circle one) Male Female Age on Race Day _____ T-Shirt Size(circle one) Adult XL Adult L Adult M Youth L Youth M

4. Last Name _____ First Name _____
Gender(circle one) Male Female Age on Race Day _____ T-Shirt Size(circle one) Adult XL Adult L Adult M Youth L Youth M

5. Last Name _____ First Name _____
Gender(circle one) Male Female Age on Race Day _____ T-Shirt Size(circle one) Adult XL Adult L Adult M Youth L Youth M

***** Additional Info needed and Holton Hustle Registration on back of Form *****

One-Mile Holton Hustle Registration

\$5 fee for all runners EXCEPT 4th or 5th Graders attending Holton Elementary
(This race is completely separate and NOT included in the \$45 5K Family Registration Fee)

1. Last Name _____ First Name _____

Gender(circle one) Male Female Grade _____ School _____

Teacher (only if Holton Student) _____

2. Last Name _____ First Name _____

Gender(circle one) Male Female Grade _____ School _____

Teacher (only if Holton Student) _____

3. Last Name _____ First Name _____

Gender(circle one) Male Female Grade _____ School _____

Teacher (only if Holton Student) _____

INFO TO BE COMPLETED BY ALL RUNNERS

Does Your Child Attend HOLTON? (circle one) Yes No Are you a RICHMOND ROADRUNNERS member? (circle one) Yes No
Are you a RICHMOND PUBLIC SCHOOLS teacher? (circle one) Yes No

Address _____ City _____ State _____ Zip _____

Telephone(day & eve) _____ Email _____ (not shared)

I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event, including, but not limited to falls, contact with other participants, the effects of weather including heat, humidity or cold, traffic and conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Richmond Road Runners Club, the Road Runners Club of America, the Commonwealth, the City of Richmond, Linwood Elementary School, Holton Elementary PTA and all other sponsors of this event, even though that liability may arise out of negligence of carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose.

This race is conducted on the rules of the USATF and RRCA. In consideration of all participants, NO, headphones, animals on/off leashes, skateboards, skateboards, bikes, scooters, or skates will be allowed in the official race.

Signature _____ Date _____

Parents Signature (if under 18 years) _____ Date _____

WILL YOU CONSIDER SUPPORTING THE HOLTON PTA WITH A RACE SIGN?

For just \$25 you can have a professional personalized sign made to cheer on a runner or show your support for Holton Elementary School!

Signs are 18" by 12" and will be placed along the race route to surprise and support all the runners.

To order a sign, please contact Kantrese Smith at holtonpta5k@gmail.com All orders must be placed by February 10, 2012.

GO SAM!

**THE HARRISONS SUPPORT
THE HOLTON 5K!**

Sample Sign

All funds support the many enrichment programs the Holton PTA offers throughout the year !